

Performing Open Gloving & Removing

Introduction:

Sterile gloves serve two fold purposes:

They cover the unsterile surfaces of the hands, thereby protecting the patient from contamination and they protect the surgical team from contamination by the patient.

Remember that:

Hand should be decontaminated, because gloves may be punctured or leak.

To ensure a proper fit, gloves of the appropriate size are essential.

Technique:

1. An assistant opens the sterile pack of gloves and drops them into the sterile field.



2. Lift right glove by grasping the inside of the cuff with left hand.



3. Slide right hand into glove without touching the gown or the outside of the glove. Do not adjust glove or cuff until both gloves are on.



4. Lift the left glove by sliding fingers of gloved hand in between the upturned cuff and outside surface of glove.



5. With gloved fingers still under the cuff, slide the glove onto left hand and over the cuff of the gown.



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6. Now that both gloves are on, adjust the right glove by sliding fingers of left hand under the cuff that is still upturned and slide it over the cuff of the gown.

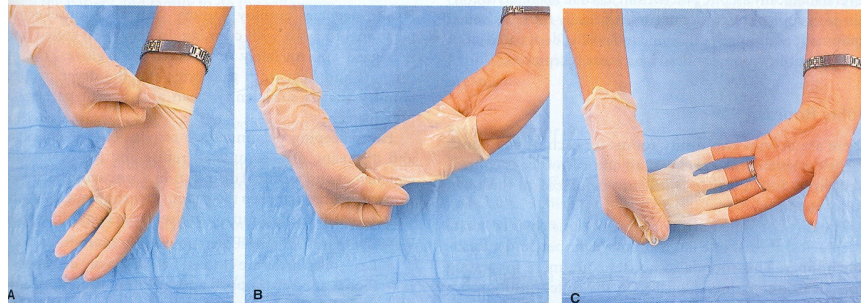


Removal of Soiled Gloves:

1. With the gloved fingers of the dominant hand, grasp the outer part of the glove at the wrist on the nondominant hand.
2. Pull the glove off the finger, turning it inside out as you do so. Hold the glove in

the gloved dominant hand.

3. Slip the uncovered nondominant thumb under the opposite glove at the wrist.



4. Pull the glove off the fingers, turning it inside out as you do so.
5. Discard the gloves.
6. Wash hands.

Checklist for Performing Open Gloving

1. Assesses gloves available and selects required size
2. Washes hands
3. Removes gloves from the outer wrapper
4. Places inner wrapper on a clean, dry surface
5. Opens the inner wrapper without touching the gloves and identifies the right and left hand
6. Applies glove to dominant hand first
7. Grasps 3-inch wide cuff with the thumb and first two fingers of the nondominant hand, touching only the inside of the cuff
8. Pulls the glove over the dominant hand gently, making sure the thumb and fingers fit the glove
9. With the gloved dominant hand slips fingers under the cuff of the other glove, gloved thumb abducted
10. Interlocks fingers to fit the gloves well on all fingers
11. Undoes the cuff to cover the entire gown cuff and exposes only the sterile side of the glove
12. Slips the glove onto nondominant hand