

Hand washing

- Thoroughly wets hands with warm water
- Applies liquid soap or disinfectant from dispenser
- Washes hands using Ayliffe technique: palm to palm
- right palm over left dorsum and vice versa
- palm to palm with fingers interlaced
- back of fingers to opposing palms with fingers interlocked
- right thumb clasped in left palm and vice versa
- fingers of right hand clasped in left palm and vice versa
- Rinses hands thoroughly and appropriately
- Turns taps off with elbows
- Dries hands with paper towel
- Disposes of paper towel appropriately