

## **Checklist for Shortness of Breath**

The student asks the following questions:

- When did you first notice your shortness of breath?
- Do you feel it is progressing? If so, please explain.
- Do you have a history of problems with your heart, your lungs, or a history of similar symptoms?
- Do you have symptoms such as a rapid heart rate or skipped heartbeats?
- Do you have a history of bleeding, ulcer disease or anemia?
- Have you lost or gained weight?
- Have you ever been told that you have thyroid disease?
- Do you have other medical problems?
- Do you smoke or drink alcohol?
- Do you have contact with any kind of smoke?
- Do you have family history of any lung disease?
- In what conditions your symptom gets worse or relieves?