

## Checklist for Chest pain



The student asks the following questions:

- Since when did your chest pain begin and how long did it last?
- Describe your pain for me. (quality, location, associated symptoms, radiation to the left arm, right arm and between the scapula). Have you ever had pain like this before?
- Can you rate your pain for me on a scale of 1-10, with 10 representing the worst pain you have ever experienced?
- What were you doing (exertion or rest) when the pain presented? What makes the pain better? What makes it worse?

*Note: location can be: bilateral, unilateral, localized, epigastric, substernal, retrosternal.*

*Note: important relieving factors: use TNG, antacids, food, sitting up and leaning forward*

- Do you have a history of psychiatric problem?
- What do you think is causing your pain?
- Do you, or anyone in your family, have a history of chest pain, heart disease, high cholesterol or lipids, diabetes, or stroke?