

## Checklist for Dizziness (Vertigo)

The student asks the following questions:

- How often do you experience dizziness, and for how long?
- What precipitates or causes and relieves the dizziness?
  
- Describe the feeling of dizziness.
- Have you ever felt like fainting (syncope)?
- Do you feel like you or the room is spinning around (vertigo)?
- Do you feel unsteady or have a sense of imbalance

*Note: (may indicate a sensory deficit, cerebellar dysfunction, Parkinson's, vertebrobasilar insufficiency, or anxiety)?*

- Have you had a recent upper respiratory infection?
- What medications are you taking?

*Note: (Amino-glycosides, cancer chemotherapeutic drugs and loop diuretics may cause ototoxicity, drugs that suppress the central nervous system may cause dizziness; and drugs that affect the circulatory system can cause postural hypotension and create a feeling of fainting or syncope.)*

- Do you use herbal therapies and vitamins

*Note: (megavitamin doses may be neurotoxic)?*

- Do you have diabetes mellitus, thyroid dysfunction, heart problems, cataracts, or a psychiatric condition?
- Have you noticed any changes or difficulty in walking?