

## **Checklist for Blurred Vision, Increased Thirst, and Fatigue**

The student asks the following questions:

- Do you have a family history of diabetes?
- Has anyone ever told you that you had high blood sugar?
- Have you experienced a change in weight (persons with type 2 diabetes will sometimes experience a gradual weight gain) or experienced hunger or increased urination?
- Do you have frequent infections (if female, inquire about frequent vaginal yeast infections and gestational diabetes), numbness or tingling in extremities, or sexual dysfunction (less likely with females)? Also, inquire about risk factors for diabetes, such as the following:
  - Is the patient >45?
  - Does the patient have a family history of diabetes?
  - Is the patient Hispanic, African-American, or Native American? (These populations have a higher incidence of diabetes.)
  - Is the patient overweight?
  - Does the patient have a history of impaired glucose tolerance or delivered a baby with a birth weight of more than 9 pounds?