

Checklist for Acute Epigastric Pain

The student asks the following questions:

- Describe the severity, character, location, and any factors producing and relieving pain. Is the pain burning, constricting?
 - Have you experienced a sharp, severe pain followed by gradually decreasing pain?
 - Are you having reflux? If so, is it bitter or acidic?
 - Are you having any radiating pain?
 - Have you vomited blood or stomach contents with a "coffee ground" presentation?
 - Are you having regular bowel movements? Any change in the color or size?
 - Have you had any episodes of blacking out or fainting?
 - Have you had any episodes of rapid heart rate with irregular beats?
 - Have you had prior periods of significant dieting or weight loss?
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- When was your last menstrual period? (If patient is a woman) Please describe your full gynecological history including pregnancies and methods of contraception.