

## Checklist for Sore Throat

The student asks the following questions:

- Where is the discomfort located?
- When did the symptoms begin?
- What is the severity of the sore throat?
- Have you had a fever? (If so, what is the temperature range?)
- Do you have a runny nose (rhinorrhea), cough, or postnasal drip?
  
- Do you have any swallowing problems or drooling

*Note: (may indicate peritonsillar abscess)?*

- How much fluid are you drinking?
- Do you have any lesions in your mouth

*Note: (consider hand-foot-mouth disease, herpes simplex)?*

- Do you have nausea or vomiting, abdominal pain, headache, or rashes

*Note: (a rash may be symptomatic of scarlet fever)?*

- Do you have a history of allergies, sinusitis, or bronchitis?
- Is anyone that you have close contact with sick with similar symptoms
- What medications, herbs, or treatments have you used to alleviate the symptoms?