

Checklist for Breast Mass



The student asks the following questions:

- Do you do breast self-examination (BSE)? If so, how often?
- Have you had any trauma to the breasts?
- How long have you had the breast lump?
- Does the lump stay the same or get bigger and then smaller?
- Does the breast mass change in size before and after menses? (Asked if the patient has menses)
- Do you have any nipple discharge? (If so, is it spontaneous or expressed? What is the type of discharge?)
- Have you had previous breast masses, surgery, or needle aspirations?
- Are you on digoxin, phenytoin, or oral contraceptives?
- When was your last mammogram (for comparison purposes)?