

## **Checklist for Weakness and Fatigue**

The student asks the following questions:

- When did you first notice your weakness and fatigue? How have your symptoms changed your lifestyle?
- Have you noticed a rapid heart rate or shortness of breath? Are your symptoms worse with exertion?
- Do you have a history of other significant medical illness, low blood counts, or times when you noted excessive bleeding?
- What medications and therapies are you taking? What about past medications?
- Does anyone in your family have symptoms similar to yours?
- What is a typical diet for you?
- Do you think that you have been exposed to anything that might be harmful, such as chemicals or toxic materials?